



RESOURCES

CalQuits Website

www.calquits.info

Website includes a collection of smoking cessation resources from a diverse group of statewide health advocacy organizations.

American Lung Association of California

(510) 638-LUNG

www.californialung.org

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33569>

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=44456> –

Website provides a full range of smoking cessation fact sheets, quit assistance and support services and their book, *Seven Steps to a Smoke Free Life*. Website also provides a link to a free online smoking cessation program, *Freedom From Smoking Online*.

American Cancer Society, California Division

(916) 448-0500

www.cancer.org

http://www.cancer.org/downloads/COM/FreshStart_Brochure_final.pdf -

Website includes a range of fact sheets, a quit hotline, support advice a smoking cessation guide and a link to their highly successful *Fresh Start* smoking cessation program.

American Heart Association, California Division

(916) 446-6505

www.americanheart.org

www.smokefree.gov/resources.html – Website includes a wide array of fact sheets and a multitude of guides, booklets and other resources to help individuals stop smoking and stay quit.

State Building and Construction Trades Council of California Building Trades Unions Ignite Less Tobacco (BUILT) Program

(510) 331-9144

www.sbctc.org/built

<http://www.cdc.gov/elcosh/docs/d0700/d000757/d000757.html>

www.sbctc.org/built/default.asp?id=2148&pagetype=built

<http://sbctc.org/pdf/student%20guide.pdf>

<http://sbctc.org/pdf/built%20brochure.pdf> - Website offers comprehensive information regarding smoking cessation for employees including brochures, guides, a quit DVD and an employer tool kit.

Asian & Pacific Islander American Health Forum
Asian Pacific Islander Tobacco Education Network

(415) 954-9988

www.apiahf.org

<http://www.apiahf.org/programs/apiten/index.htm> - Website provides background and resources for smoking cessation. The Asian Pacific Islander American Health Forum offers a complete list of health provider resources that the API population can access for smoking cessation services. Please call APIAHF to obtain health provider list.

California Black Health Network
African American Tobacco Education Partnership

(916) 448-7900

www.cbhn.org

www.cbhn.org/aaten.html - Website provides a variety of information regarding smoking cessation and the African American community including events, fact sheets, resources and support service links.

National African American Tobacco Education Network
Health Education Council

(916) 556-3344

www.healthedcouncil.org

www.naaten.org

<http://www.naaten.org/resource.html> - This website link provides information to educate and empower the African American/Black community against tobacco use. A 1-1/2 hour educational training is offered in a CD format.